



make cinco de mayo  
**AMAZING!**

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## PRODUCE SPOTLIGHT



**Stem Berries:** Now available. Perfect for your Mothers' Day Celebration. Call your sales representative for pre-order details.



**Local Fava Beans:** Nothing says spring like fresh favas. They make a delicious fava falafel; serve with red onion pickled with Sparrow Lane Apple Cider Vinegar.

### Seasonal Inspiration

#### Local Artichokes



#### Morels



#### Nettles



# OVERVIEW & OUTLOOK

**Asparagus:** Prices are steady on California grass. Purple available with a pre-order. Contact your representative for details.

**Avocados:** Prices remain high. California is predicting a shorter season with a July transition to Mexican fruit.

**Broccoli and Broccolini:** Prices have risen due to limited availability caused by late planting from the wet winter/spring.

**Brussel Sprouts:** Mexican product sizing on the small size and prices elevated.

**Carrots:** Prices are steady. Organic Nantes now available, contact your sales representative.

**Cauliflower:** Prices are on the rise this week as availability has tightened due to gaps in planting.

**Celery:** Prices remain strong due to limited supplies as we transition to summer fields.

**Citrus:** Lemons- are steady. Limes – Prices should begin to adjust downward by mid-May. Oranges – seeing the first of Valencia's with good color but fruit needs another week or two on the trees with sun and heat to enhance brix.

**Figs:** Black Mission available from SoCal. Call your sales representative for details.

**Greens:** Spring mix, spinach, arugula, and baby kale prices are steady. Baby kale has shown some premature yellowing.

**Lettuce:** Prices steady.

**Onions:** Prices are steady.

**Parsley:** Prices are on the rise as supplies tighten.

**Peppers:** Prices are steady on all colors.

**Potatoes:** End of the sheds. Seeing some quality issues and random sizing. Most effected are the large sized Yukons and Kennebecs.

**Squash:** Zucchini and Yellow squash prices are slightly up this week.

**Tomatoes:** Prices steady on and color improving. Happy Boy Farms Heirloom season is predicted to start in time for Father's Day.